



Soups and Salads

New England Style Clam Chowder with Oyster Crackers.....	Cup \$5.95 / Bowl \$8.95
Spicy Chili topped with Cheese and Onions.....	Cup \$6.95 / Bowl \$8.95
Maine Lobster Bisque	\$10.95
Bruins Tip of Iceberg with Bacon, Tomato and Crumbled Blue Cheese.....	\$9.50
Fresh Garden Salad or Side Caesar Salad	\$7.95
Classic Caesar Salad.....	\$9.95
Add Grilled Chicken.....	\$4.50
Add Maine Lobster	\$8.50

Appetizers

Fried Onion Rings	\$5.95
Mozzarella Sticks Baked or Fried.....	\$6.95
Traditional or Buffalo Chicken Tenders 5 pieces.....	\$9.95
Maine Mussels in White Wine Garlic Sauce.....	\$11.95
Fried Chicken Lemongrass Potstickers with Sweet Chili Sauce	\$7.95
Nachos.....	Cheese \$12.95.....Chili \$14.95.....Chicken \$15.95

Pub Fare

Served with Choice of French Fries, Sweet Potato Fries (\$2.00 extra), Cole Slaw, Baked Potato or Seasonal Vegetables

1 1/4 lb Fresh Maine Lobster	\$23.95
Lazy Lobster	\$27.95
Fresh Maine Lobster Roll with Lettuce and Mayo on a Grilled Roll.....	\$16.99
Marinated Steak Tips 8oz of Beef Marinated in a Sweet and Tangy Sauce	\$19.95
Fresh Haddock Platter Baked or Fried.....	\$16.95
Mussels Linguine in White Wine Garlic Sauce with Shrimp.....	\$16.95
PJ's Burger Choice Sirloin with Cheese, Onion, Lettuce, Tomato ... (add onion rings \$1.00)	\$10.95
Atlantic Haddock Sandwich with Cheddar Cheese and Tartar Sauce (or wrap).....	\$12.95
Crispy Haddock Reuben with Swiss Cheese, Coleslaw and 1000 Island Dressing	\$13.95
Large Pizza – Cheese	(additional topping \$2.00) \$15.95
Philly Steak Wrap with Peppers, Mushrooms and Onion	\$14.95
Chicken Caesar Wrap Grilled Chicken, Chopped Romaine and Parmesan Cheese	\$12.95
Crispy Chicken Sandwich or Grilled Chicken Sandwich	\$11.95
Southwestern Veggie Burger with cheese, Lettuce, Tomato and Onion	\$10.95

Add a Fresh Garden Salad or Caesar Salad for \$5.95

Desserts

Brownie Sundae: Traditional favorite of rich, creamy brownie covered with vanilla ice cream \$7.95

Maine Blueberry Pie: Fresh Maine blueberries, lightly sugared in a golden crust \$6.95

Apple Pie: \$5.95

Vanilla Ice Cream: Simple and delicious \$3.95

Beverages

Coffee, Tea, Soft Drinks: Pepsi, Diet Pepsi, Sierra Mist, Ginger Ale \$2.50

Juice: Orange or Cranberry \$2.50

Smoothies: Strawberry, Wild Berry and Pina Colada \$7.00

THE FOLLOWING STATEMENT IS REQUIRED BY THE STATE OF MAINE HEALTH DEPARTMENT: This food is or may be served raw or under cooked or may contain raw or under cooked foods. Consumption of this food may increase the risk of food borne illness. Please check with your physician if you have any questions about consuming raw or under cooked foods.



A Tale of Three PJ's

While PJ's Sports & Spirits only opened its doors in 2007, the locals know it has its roots in fifty years of Goose Rocks Beach history.

After the devastating fires that swept through southern Maine in 1947, Philip J. Spang, the original PJ, purchased several acres of land along Route 9. With his wife, Priscilla, PJ raised ten children at the family farm just a mile from the beach. In 1968 he built and opened a small motel right next door, calling it the Beachwood. This family-operated business grew—and grew—to include a restaurant and dairy barn and became a Goose Rocks Beach landmark for nearly forty years. When he passed away in 1991, Phil Spang left behind a legacy of hard work, civic pride, entrepreneurial spirit, and generosity.

For the last fifteen years of the Beachwood's life, its primary managers were Kathleen Spang and her brother Michael. In 2005, the Spang family sold the Beachwood. But Kathleen's hospitality heritage just wouldn't let her walk away from the industry.

Now she's welcoming guests at a new location—the Ocean Woods Resort. She's brought her five children into the business, including her youngest son, Paul Justin—the second PJ. They're all pitching in to offer family-style friendliness, food, and fun.

Oh, and the third PJ? That's Peter J. Morton, Kathleen's fiancé. He and Kathleen own and operate Ocean Woods and PJ's together. He's a real sports lover, too, so whenever you drop into PJ's, there's a good chance you'll run into him. Be sure to say hello.

We're glad you're here. Enjoy your PJ's experience!



OPEN - Thursday - Monday nights 5 to 9PM CLOSED Tuesday & Wednesday